

Recommended Fruit Cultivars

Table 15

75413	Disease resistant and easy to grow. Suture line my turn off some buyers. Highly recommended.
Alexander	Disease resistant and somewhat easy to grow (some brownrot). For local heirloom market. Odd taste may not appeal to all. Somewhat sporadic crop.
Almata	Red flesh variety attracts attention. Too acid for fresh market. Marketable to niche markets and cider makers generally. Dependable and good cropper.
Anoka	Very early production (precocious). Unique pleasant flavor. Does not keep. Productive.
Antonovka 48	Like most Antonovkas it keeps well, excellent culinary use, and disease resistant. A bit tart for fresh market, but quite good.
Ashmead's Kernel	Recommended with caution. A very popular and very tasty variety. It has shown itself to be a poor and sporadic cropper here. Fairly free of disease.
Autumn Arctic	An attractive heirloom. Good fresh sales potential, and good cropping. Limited keeping ability (weeks not months).
Beacon	Saleable to a distinct market. The anise flavor that comes through with proper ripening is loved by many, detested by some. Tough skin. Moderate scab resistance
Bedford	Cute and tasty. It would be a good candidate for fresh market, but its small size may limit appeal.
Bethel	Heirloom keepers like this are becoming more in demand with homesteader market. Keeps and cooks well, fair fresh eating.
Black Oxford	Hardy, but in zone 3 does not fully ripen every year. High quality for all purposes. Heirloom, attractive.
Breaky	High quality fresh eating, precocious and productive, compact tree. Scab prone. Does not keep.
Britemac	Similar to McIntosh but far crispier here. A bit less scab susceptible than Mac or Cortland. Decent cropper.
Budagovsky 118	This rootstock variety may have use in the cider market for its acid content and color contributions.
Budagovsky 9	Although another candidate for cider fruit, it has not proved to thrive in zone 3.
Burgundy	Scab prone, but an excellent fresh eating apple. Its long picking window is ideal to home orchards.
Centennial	Very good fresh eating and disease resistant. Difficult for some market sales due to its small size. Good cider addition.
Chestnut Crab	First rate fresh eating. Sweet, nutty and complex. Market shortcoming is its size which rarely reaches beyond 2 inches. Scab resistant.
Collet	Good fresh eating candidate for very cold regions. Stores decently.
Connell Red	Very good fresh eating. Excellent keeper, improving in storage. Scab susceptibility is moderate.
Cox's Orange Pippin	Very popular heirloom across the world. An easy sell. It has proven hardier and easier to grow in Walden than literature mentions, but only moderately productive. Outstanding flavor. Has tended to bloom well, but crop lightly.
Cranberry	Tart but tasty dolgo sized crabs. Salable to a unique market only. Great jelly, canning and cider crab. Beautiful tree with purple blooms.
Dayton	Scab immune. Excellent fresh eating. Keeps fair only. Moderately productive. Can be quite large and attractive.
Dolgo	Very popular for a crab (1 1/2 inches or less). Sell well in the right market for jelly and canning. Very good cider addition due to good brix level and acidity. Late summer
Duchess	Popular heirloom for piemaking. Does not keep. Nearly scab immune. Sells well in New England. Summer
Dudley Winter	Good all purpose and flavorful apple. Moderately scab resistant. Heirloom. Good sizing.
Early Cortland	Early Cortland type. Scab susceptible. Good fresh eating and relatively precocious. Limited organic use unless a good fungal management plan is in place.
Equinox	First rate fresh eating and culinary apple. Very attractive fruit. Keeps fair. Fall
Erwin Bauer	Large, very high flavored and good cropping Cox type. Should be better known. Moderate scab resistance but not immune. Fall.

Recommended Fruit Cultivars

Table 15

False Yarlington	Similar in appearance and quality to Yarlington Mill, but hardier, more fully flavored and slightly less tannic. Dry. Scab free. Highly recommended for ciders.
Fameuse	A popular heirloom. Better flavored but similar to McIntosh, its likely offspring. Scab susceptible. Aromatic. Tends to be smaller than most commercial apples. Fall
Fireside	Very good fresh eating. Excellent keeper, improving in storage. Scab susceptibility is moderate.
Freedom	Scab immune. Good fresh eating. Good candidate for commercial sales. Appears very prone to various canker diseases.
Garland	Fair fruit quality. Tends to be biennial, but quite productive. Some mild watercore.
Golden Russet	A very popular heirloom with good commercial possibilities. Excellent cider addition. Scab resistant but not immune. High brix. Keeps
Goodland	A fine fresh eating apple. Susceptible to scab, limiting its merit in an organic program. Poor keeper.
Gravenstein	Popular heirloom for all purposes. Keeps fair at best. Scab susceptible. Recommended with a good fungal management plan, because of its very high quality flavor.
Greensleeves	Good cold hardy apple for Granny Smith market. Somewhat small, but full flavored for all purposes. Gets greasy in common storage.
Haralred	A redder version of Haralson. Excellent all purpose. Excellent keeper. Scab prone. Precocious.
Haralson	Excellent all purpose apple and excellent keeper. Scab prone. Precocious.
Hazen	Precocious. All purpose early fall apple. Mild scab susceptibility. Nice cidery flavor.
Heyer 12	Precocious. It is of merit for very cold areas with short season. Good fresh eating summer apple. Poor keeper. Scab susceptible.
Hidden Rose	tm name to Arlie's Redflesh. Redflesh variety. Excellent fresh eating, developing watermelon undertones in storage. Some susceptibility to scab. Keeps
Honeycrisp	Great commercial possibilities due to popularity. Some scab resistance. Keeps well. Very crispy and sweet. Poor cooking and cider.
Honeygold	Very good fresh eating, similar to Golden Delicious. Quite scab susceptible. Keeps reasonably well.
Howgate Wonder	Commercially viable due to its often enormous size.
Hyslop Crab	Marketable as a cider and jelly fruit. Precocious. Some susceptibility to scab.
Irish Peach	Heirloom market. Excellent if eaten promptly. Greasy in storage, does not keep. Some scab. Great home tree, but of limited commercial potential due to lack of keeping and bruising potential
Island Winter	Complex and flavorful winter apple. Keeps and stands up to handling. Dense flesh. Some scab resistance.
Kazakh 739	For cider or culinary use only. Does not keep. Scab susceptible.
Kazakh 761 (k-17)	Scab resistant. Potential as a bittersharp cider addition. Not for fresh eating.
Keepsake	Excellent fresh eating. Very crispy sweet/tart apple. Moderately scab susceptible. Keeps very well. Often mishapen, which may limit sales.
Leo	Scab resistant and very productive. Tart midsummer cooking apple, but fair fresh eating. Keeps well for an early apple. Small unless thinned.
Liberty	Scab immune. Very good fresh eating, but care should be exercised regarding proper harvest time. Good in ciders. Needs thinning. Great commercial candidate for organic orchards.
Lobo	McIntosh type. Scab susceptible. Great fresh eating, decent for cider. Well liked by the market, but work to keep free of fungal disease.
Lodi	Generally easy to grow and precocious. Moderately scab susceptible. Picked early it is good for local market, fresh and culinary. It will not keep however. Its merit for sales is that it is very early, when few other local apples are available.
Lord Lambourne	Precocious and tasty English heirloom. Mild scab resistance. Marketable to enthusiasts, but high enough quality to be more. Under trial in zone 3
Macfree	Very easy to grow, scab immune. If picked too early it is tough. Keeps fairly well and improves in storage. Good organic market potential. McIntosh-like.
Macoun	Very crispy dessert apple. Can be outstanding in local market, but taste and condition deteriorates during storage or shipping. Scab susceptible.

Recommended Fruit Cultivars

Table 15

Malinda	Can be very good fresh eating. It has proved not to be very productive or large here in zone 3. Somewhat scab susceptible. Often attractive.
Mantet	Unrivaled complex flavor, especially for an early apple. Will keep a few weeks, but not longer. Scab susceptible. Long picking window. Good early cider. Bruises
Marlin Stephens	Precocious and very large fresh eating apple. Scab susceptible. Potential for local sales, as it will not keep long. Size and flavor are good selling points.
McIntosh	Still very popular, so it has some marketing possibilities. Its scab susceptibility makes it difficult to get good yields under organic management. Drop prone.
Melba	Excellent summer apple, more sweet than tart. Scab susceptible and does not keep, but popular for its high flavor in its season. Will not ship.
Milwaukee	All purpose apple. Can be quite large and flavorful, even after storage. Keeping and fresh eating is fair. Great in cider. Moderately scab resistant, but not immune. Heirloom.
Minnehaha	Average quality general purpose apple. Browns readily. Heirloom market. Slightly biennial without early thinning.
Morden 359	Large well balanced apple. Moderate scab resistance. Very hardy. Mildly tannic.
Niagara	Large, juicy and deeply colored. Very good fresh eating. Slightly tannic. Scab susceptible, but less so than most mac-types. Good cider.
Noran	Average quality all purpose apple. Recommended for the coldest areas for its hardiness.
Norda	Good fresh eating candidate for very cold regions. Stores well.
Norland	Precocious. First rate fresh eating apple. Best, and stores better if picked before fully red. Scab susceptible. Naturally smaller tree. Good yields and very hardy.
Norson	Good fresh eating and stores well. Moderate scab resistance, not immune. Very cold hardy.
Nova Easygro	Scab immune, deep red and consistent. Good organic sales potential. Must be allowed to fully ripen for best flavor and texture. Excellent keeper.
Novamac	Good quality McIntosh-like fresh eating apple. Somewhat scab susceptible, but not as bad as mac. Organic potential depends on scab management success.
NW Greening	Good late season all purpose apple. Somewhat scab resistant, but not immune. Firm. Keeps well.
Oriole	Excellent early fresh eating apple. Juicy and quite large and attractive. Scab susceptible. Short stem and pairing can make it a bit hard to pick. Very marketable if scab can be managed.
Parkland	Good summer apple for fresh eating. Crispy and juicy. Can be small unless thinned. Precocious, small tree. Scab susceptible. Keeps a few weeks in cold store, but bruises easily. Recommended for local sales only.
Patterson	Precocious and productive. Thin to increase size. Resistant but not immune to scab. Short storage and easy bruising limits it to local sales only. Of merit for very cold areas.
Paula Red	Well known fresh eating apple of good quality. Scab susceptible. Does not keep. Questionable marketability for organic growers.
Peace Garden	Late season all purpose apple. Keeps and hangs well. Crisp and fine grained. Some resistance to scab, but not immune.
Pink Pearl	Highly marketable due to its red flesh. Tree and fruit are attractive. Very good flavor for all purposes. Scab susceptible. Tree is somewhat weak in our zone 3, so consider it for trial only in colder regions.
Pomme Gris	Excellent fresh eating apple. Sweet/tart and nutty. Attractive russet. Fruit is small. Hardy and healthy in zone 3. Scab resistant. Highly recommended for marketing under organic management.
Pound Sweet	Large green apples for cooking. Heirloom. A bit too mild for the best pies. Fresh eating for mild palates. A traditional for baked apples. Still popular in New England. Somewhat scab susceptible.
Prairie Spy	All purpose fall apple. Can be excellent, but care must be taken in choosing harvest time. Stores well in higher humidity, but develops odd flavor (good for cooking, poor fresh eating after a couple of months). Mild scab resistance.
Quinte	Good early season fresh eating, but does not store well. Scab susceptibility limits organic potential.

Recommended Fruit Cultivars

Table 15

Rambo	Heirloom. Large and tasty all purpose apple. Scab susceptible. The movie action hero was actually named after this apple, not vice versa. This fact may help market the apple to fans. Esteemed for pies.
Ranetka Crab	Extremely hardy 1 inch crabs are a good cider addition. Too small for other purposes, except jellies. Good pollinizer as well. Moderate scab resistance but not immune.
Red Baron	Excellent fresh eating apple. Crisp and well balanced. Similar to honeycrisp except slightly less crispy, but with more interesting flavor. Productive. Somewhat scab susceptible, but manageable.
Red Burke	Good all purpose Vermont apple. Regionally known only (developed by the late apple aficionado Ken Parr), so of limited marketability. A good cold hardy apple nonetheless. Somewhat susceptible to scab. Skin bleeds into flesh. Drops readily.
Red Rock	Late season all purpose apple deep purple apple. Extremely hard at harvest. Keeps all winter, and resistant to bruising. Unknown outside Vermont, so limited commercial prospects. Scab resistant but not immune. Very cold hardy.
Red Wealthy	Red sport of the heirloom, Wealthy. Very good fresh eating and general purpose apple. Some similarity to McIntosh but tarter and more berry-like at maturity. Keeps fair. Well known. Moderate resistance, but not immune to scab.
Regent	Very good fresh eating apple. Stores well. Hangs well on tree. Scab susceptible. If scab can be controlled this is a good candidate for extended season (offseason) sales due to quality after after storage.
Reine de Pomme	Marketable to the cider market. Inedible for other purposes. French heirloom. Highly esteemed for fermenting. Highly tannic.
Rumpus	Vermont local apple. Scab resistant. Huge yellow-green dense sweet/tart all purpose apples. Unreliable cropper. Homestead selection only as a recommendation.
Safstaholm	Fresh eating apple for early season. Quite juicy and aromatic. Mild scab resistance. Recommended for cold regions.
Selkirk	Extremely hardy. One inch crabs. Good as a cider addition (bittersharp). Good pollinizer. Few other uses. Mild scab resistance, but not immune. Attractive tree. Most selections are redflushed, purple blooming specimens.
Shafer	More crab than apple. Good for culinary use and cider in cold areas. Too small for small for commercial viability as a dessert apple, although of good quality. Mild scab susceptibility.
Shiawassee	Good quality aromatic fresh eating apple. Scab susceptibility makes it suspect for organic commercial use. Slight mac flavor.
Slovianka	Pleasant sweet/tart all purpose apple. Does not keep well. Gets greasy in storage. Can be small if not thinned. Some scab resistance, but not immune. Good yields. Keeps fair.
Smokehouse	First rate fresh eating. Somewhat scab resistant. Reliable crops. Recommended for organic sales due to its ease of management and good flavor. Heirloom.
Spencer	Very good crispy fresh eating and pie apple. Tardy to bear. Moderately susceptible to scab, but manageable. Keeps fair.
Summer Pearmain	Excellent fresh eating. Small attractive apple with russet patches. Rich, nutty and complex for an early apple. Slow growing tree, but precocious. Scab resistant. Good candidate for organic management and heirloom sales.
Summer Red	A first rate summer apple for its taste and crispiness. Far better in the cold regions where it is crispier and lasts longer. Its high susceptibility to scab makes it a poor candidate for organic potential, unless a strict spray regime is followed.
Sunrise	Excellent fresh eating apple often has undertones of grape and berry if ripened properly. Scab susceptible. May be worth managing for scab due to its impressive flavor.
Sweet Sixteen	Fresh eating and cooking apple with often pronounced sweet cherry flavor. Scab resistant, but can develop bitterpit without calcium sprays. Good selection for organic management. Tardy to bear. Strong vertical tree growth needs shaping.
Trent	Very good all purpose apple. Somewhat scab resistant. Good crops. Attractive, consistently sized fruit. Recommended.
Vista Bella	Good flavored deep red summer apple. Crispier and a bit better at storage than other summer varieties. Scab susceptibility limits its use in organic management.

Recommended Fruit Cultivars

Table 15

Wagener	Interesting blocky shape. Very good flavor and all purpose. Keeps well. Somewhat resistant to scab but not immune. Hangs well. Precocious and good cropping. Late cropping could mean losses in zone 3 some years.
Walden Calville	Fine flavored, with unique ribbed shape similar to Calville Blanc d'Hiver. Moderate scab susceptibility. Large fruit. Does not keep. Midseason. Recommended for home use and local markets only. Light to moderate cropping.
Walden Golden	Large golden russet type fruit. Somewhat scab resistant. First rate flavor, and good cropping. Keeps fair. Canker susceptible.
Wealthy	High quality all purpose heirloom apple. Resistant but not immune to scab. Slight similarity to McIntosh in structure but tarter and more interesting flavors. Very cold hardy. Keeps fair.
Wedge	Extremely large apple, sometimes 4". Very good flavor. All purpose. Somewhat scab resistant, but prone to watercore. Good candidate for marketing based on its size alone.
Westfield SNF	Heirloom of distinction in New England. Good flavor and all purpose. Somewhat scab susceptible, but manageable. Recommended for areas with interest in heirloom varieties.
Westland	Good all purpose apple for colder regions. Does not keep. Scab susceptible. Due to average quality and scab susceptibility, it is recommended only for very cold areas where other varieties will not do.
Winesap	A former staple apple of warmer regions. This heirloom is still popular. Keeps well. A surprise to be doing well this far north, but cropping has been light to date. Light scab. High brix readings make it suitable for ciders.
Wolf River	This heirloom is widely known for its size. Recommended for organic growing due to its scab resistance. Hardy and strong tree. Good drying apple, fair for cooking. Its downside is its uneventful flavor. Good when eaten soon after picking, but must be marketed quickly.
Yarlington mill	Probably the most dependable and easy to grow cider apple for the north. Generally free of scab, but not immune. Great cropper. Light to moderate tannins. Good addition to sweet ciders as well. Not for fresh market.
Yellow Transparent	Like its offspring, Lodi, its greatest merit is its earliness. Can be a very good fresh eating tart apple and for early pies, but needs to be picked green. Scab susceptible, but often only mildly attacked. Does not keep. Local sales only if they can be made promptly, otherwise not commercially viable.
David Pear	Extremely tannic and sour. A great addition to ciders, and to challenge friends in manliness. Can crack in some years. Does not keep, and like most pears, should be pressed before flesh collapses. Very attractive tree in bloom and form. Recommended for cider blending in cold areas. Very hardy tree.
Okolo Pear	One of the few asian pears to survive in our zone 3 climate. Slight astringency adds to a fine sweet/tart flavor. Crunchy. Keeps fair. Worth trial in colder regions. Appears free of disease.
Stacey	Among the best fresh eating pears. Best if ripened off the tree. Appears disease resistant. Blister mite susceptible. Recommended. Does not keep long.
Summercrisp Pear	Rare in its ability to be eaten straight from the tree without afterripening. Pleasant sweet flavor, but quite mild. Ripens late summer. Resistant but not immune to fireblight. Well shaped tree. Recommended. Does not keep long.
Walden Large	Local variety. Quite large, can be over 4" calyx to stem. Must be ripened after picking. Susceptible to blister mite. Like most pears, vertical growth makes management tricky. Recommended for organic growing. Good keeper.
Hardy	Beautiful and tasty pear. Fully russeted. Shy bearing when young. Very vertical tree is difficult to shape for proper management and cropping, but naturally beautiful form. Recommended for organic growing.
Luscious	Good quality pear, should be afterripened. Better shaped tree than most pears. Not a good pollener for other pears. Appears disease resistant, and is resistant to fireblight but not immune.
Hill	Local variety. Similar to Walden Large but a week or two later. Vigorous and vertical growth is hard to manage. Keeps well. Must be afterripened.